

What is the Healing Heart Discipleship Program?

What is a Christian disciple?

- *a student of Jesus Christ*

Healing Heart Discipleship is a non-denominational Christian discipleship program bringing God's healing and heart transformation.

We encourage women to establish a growing relationship with Jesus Christ. We use the Bible, and Biblically sound textbooks and media. Bible lessons and life skill classes along with scripture memorization are a dynamic part of the discipleship program.

Healing Heart Disciples are involved in Church, Christian fellowship and the local community. Participants are actively engaged in the ministry and operation of the mission household and hospitality services. Disciples share comfortable quarters with other disciples.

Who Joins the Healing Heart Program?

- Women who are interested in a nine month Christ centered process of recovery, restoration and renewal.
- Ladies of all ages over 21
- Some participate to find a new direction in life.
- Women who are struggling with life mastering problems like drugs and/or alcohol.

Located in York, Nebraska



701 S Lincoln Ave
York NE 68467
(402) 362-0127
www.lwrmyork.org

Healing Heart Women's Christian Discipleship Ministry

Columbus &
Living Water



All donations are tax deductible.

A Non-Profit Ministry

The Columbus and Living Water Rescue Mission is a Nebraska Non-Profit Corporation classified as 501(c)(3) tax exempt by the I.R.S.

Columbus &
Living Water



HEALING HEART DISCIPLESHIP PROGRAM

**A Christ centered journey to
a new future and hope.**

Jeremiah 29:11

For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope.

DESCRIPTION OF HEALING HEART DISCIPLESHIP

Designed to be completed in as little as one year.

“DISCOVERY” (1st Phase)

Complete in as little as three Months

Enter with the eyes of your heart open and “Discover” what God has for your life in Christ. (see “Classes Include”)

1. Become connected and involved with a local church
2. 1st “Giant Slayer” presentation
3. “Introduction to Jesus” Worksheets
4. Complete a disciple’s “First Step”
5. Biblical memorization assignments
6. Participate in required classes
7. Attend three chapel services per week
8. Attend morning devotions
9. Complete other assigned studies.
10. Fulfill Mission duty assignments

“DEVOTION” (2nd Phase)

Complete in as little as three Months

Enter prepared to be challenged to devote yourself fully to the Spiritual disciplines of faith in Christ. (see “Classes Include”)

1. Continued church involvement
2. 2nd “Giant Slayer” presentation
3. “The Knowledge of the Holy”
4. “The Christian Adventure”
5. Biblical memorization assignments
6. Participate in required classes
7. Attend three chapel services per week
8. Attend morning devotions
9. Complete other assigned studies
10. Fulfill Mission duty assignments

“DEDICATION” (3rd Phase)

Complete in as little as three Months

Enter with the hope and joy of a servant’s heart; “Dedicated” to fellowship within the Body of Christ. (see “Classes Include” below)

1. Continued church involvement
2. 3rd “Giant Slayer” presentation
3. Biblical memorization assignments
4. Complete a Transition Plan
5. Complete a Continuing Faith Plan
6. Participate in required classes
7. Attend three chapel services per week
8. Attend morning devotions
9. Lead a chapel service
10. Complete other assigned studies
11. Fulfill Mission duty assignments

Endurance (4th Phase)

Complete in as little as three Months

Continued Faith Development

1. Find full-time work.
2. Save money for housing
3. Participate in AM devotions, church, and other support services.

CLASSES INCLUDE: (DEPENDING ON PHASE)

Classes are taught by our staff and qualified Christian women from the community.

- 1) The Gift of Forgiveness
- 2) Victory Over the Darkness
- 3) Recovery in Christ
- 4) Basic Christianity
- 5) Lies Women Believe
- 6) Studies of various books of the Bible.

LIFE SKILLS AND PRACTICAL HELPS:

Money management, job interview skills, etiquette, personal care. Parenting classes may also be provided.

BENEFITS FOR LIFE:

- Free Housing, clothing, personal items, meals and laundry facilities. are provided.
- Nine months of intensive Bible and learning from teachers who have studied it many years.
- Getting to know mentors who are spiritually mature Christian women.
- Building positive relationships with women in recovery.
- Reduce and End Debt – Learn life principles and budgeting.
- Help restoring broken relationships
- Getting established with a Church family providing support for Life.



DAILY SCHEDULE

- 7:00 amBreakfast
- 8:00 am.....Group Devotions
- 9:00 am.....Morning Classes
- 11:30 am.....Prepare & serve lunch
- Noon.....Work Therapy and Flexible Time
- 5:30 pm.....Supper
- 7:30 pm.....Chapel Service
- 10:00 pm.....Lights Out